

Case Studies

Common vulval conditions: all that itches is not thrush

A webinar for health professionals

Case Study 1 – Clare

- 42 years old
- itching 5-6 years duration
- discomfort with intercourse, splitting anteriorly & posteriorly
- external and vaginal application of antifungal + oral fluconazole (mild, short lived improvement)

Case Study 2 – Amal

- 26 years old, referred by a sexual counsellor
- 7/12 of vulvovaginal pain and “something feels blocked” with all attempts at intercourse since marriage. No prior partner.
- Well-educated woman, arrived in Australia shortly after her marriage
- Self-referred to the sexual counsellor
- No self-treatments or doctor consultation